

# ADVANCED DEVELOPMENT PROGRAM

URBAN DANCE DEPARTMENT TANZ + ZWICKY  
2025/2026

A DEVELOPMENT PROGRAM CRAFTED FOR THE PASSIONATE, THE CURIOUS, AND THE BOLD –  
DANCERS READY TO GROW BEYOND LIMITS.



Urban Dance Department Tanz+ Zwicki

# UDD ADVANCED DEVELOPMENT PROGRAM

## *VISION & BENEFITS*

The Tanz+Zwicky Advanced Program champions a culture of excellence, creativity, and dedication in dance. By offering an integrative and multidimensional training structure, the program empowers students to grow as versatile dancers while fostering confidence, discipline, and artistic voice.

Students are mentored by highly experienced teachers and artists from both urban and contemporary dance scenes. The aim is to cultivate not only technically skilled movers but also curious, independent thinkers who can thrive within collaborative processes and adapt to evolving dance landscapes.

Participants benefit from:

- A consistent and structured learning path
- Supportive mentorship
- Holistic growth through performance and educational opportunities



## ABOUT THE PROGRAM

*Develop your passion. Elevate your skills.*

The **UDD Advanced Development Program** is led by Ivana Balabanova, Artistic Director of the Urban Dance Department at Tanz+Zwicky. With a deep background in both urban and contemporary dance forms, Ivana brings a transdisciplinary approach that merges technique, personal expression, and cultural relevance. Her vision is rooted in fostering a new generation of dancers who are not only technically skilled but artistically empowered.

The **UDD** Advanced Development Program at Tanz+Zwicky is designed for dedicated students between the ages of 9 and 18 who wish to deepen their commitment to dance. This program lays the foundation for serious progression, offering a bridge toward pre-professional training. Through a carefully curated curriculum combining technique, creativity, and discipline, students are supported in acquiring skills across diverse dance styles.

# PROGRAM STRUCTURE

The UDD Advanced Development Program provides opportunity to visit at least three and up to five classes per week included in the package.

Three mandatory classes form the base of the program and those include: hip-hop and contemporary dance. Additionally, the students can select one of the 'selection' classes and choose between: *ballet, commercial dance, breaking*. Motivated students can upgrade the package and participate in more than 5 classes.

## Important:

- Ballet is available only for students with previous experience and after an assessment.
- The first two weeks (starting 18 August) are allocation weeks, where teachers assess the students' level for proper group placement.

## Payment:

### UDD Advanced Program

3-5 classes per week / 1500 CHF per semester

### UDD Advanced Program Plus

6 classes per week / 1700 CHF per semester

7 classes per week / 1850 CHF per semester

Unlimited classes per week / 2850 CHF per semester

Students choose between two packages:



# **JUNIOR ADVANCED DEVELOPMENT PROGRAM**

age group: 9–12 years old

Starting dance training at an earlier age offers a vital head start in developing coordination, rhythm, and body awareness. Our Junior Program is tailored to support talented young dancers with strong interest and potential. With progressive and age-appropriate instruction, we nurture technical growth, creativity, and discipline, setting the stage for more advanced opportunities in the years ahead.

## **Mandatory Classes:**

The students continue to visit one of their previously assigned classes for hip-hop, on top of which they select one more hip-hop class and join the contemporary class.

- **Hip-Hop / Commercial Dance**

Monday 18:00 – 19:00 / Ivana

Thursday 18:45 – 19:45 / Sophie

Saturday 11:30 – 12:30 / Patricia

- **Contemporary Dance:**

Wednesday 16:45 – 17:45 / Valentina

## **Selection Classes:**

- **Ballet Level 2:** Thursday 17:30 – 18:30 / Anya  
(only with prior experience)

- **Breaking:** Wednesday 14:30 – 15:30

# SENIOR ADVANCED DEVELOPMENT PROGRAM

age group: 13+ years old

As students grow older, the need for depth, refinement, and versatility in dance becomes increasingly important. Our Senior Program is crafted for young dancers ready to challenge themselves and pursue dance more seriously. Whether preparing for auditions, professional studies, or personal mastery, the program offers rigorous training, interdisciplinary input, and artistic mentoring that supports students in stepping confidently into the next phase of their journey.

## **Mandatory Classes:**

The students continue to visit one of their previously assigned classes for hip-hop, on top of which they select one more hip-hop class and join the contemporary class.

- **Hip-Hop / Commercial Dance**

Monday 19:00 – 20:00 / Ivana

Wednesday 20:00 – 21:00 / Ivana or Sophie

Saturday 10:30 – 11:30 / Patricia

- **Contemporary Dance**

Tuesday 18:45 – 19:45 / Valentina

Friday 17:30 – 18:30 / Shaohui

## **Selection Classes** (4th or 5th class):

- **Ballet Level 3:** Thursday 18:30 – 19:30 / Anya  
(only with prior experience)

- **Breaking:** Wednesday 14:30 – 15:30



## ADMISSION & REGISTRATION

- For questions, please contact:
  - **Sandra Schär Chipper:**  
*info@tanz-zwicky.ch*
  - **Ivana Balabanova:**  
*ivana.balabanova@tanz-zwicky.ch*

We move together!



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